



Lake Sunapee Region
VNA & HOSPICE

Creatively Processing Grief

Grieving the loss of our loved ones isn't a tidy, neat, linear process. During this creative series, participants will have an opportunity to express their experience using hands-on materials... paper, glue, fiber, finger-paint and more. No art experience necessary.

AUTUMN

WINTER



SUMMER

SPRING

Attend one or more sessions:

Tuesday, March 20

Tuesday, June 19

Tuesday, September 25

Tuesday, December 18

3:00 – 4:30 pm

Lake Sunapee Bank Community Room

116 Newport Road, New London

RSVPs requested by calling 603-526-4077

107 Newport Road • New London, NH 03257

www.lakesunapeevna.org