



# *Diabetic Support Group*

*1st Tuesday of every month beginning **September 4th***

*Two Locations:*

***Valley Regional Hospital***

***Library Conference Room*** use Dunning Street entrance  
***10:00 - 11:00 am***

***Newport Health Center, Community Room***

***11 John Stark Highway***

***12:00 - 1:00 pm***

- *Facilitated by a Certified Diabetic Educator from Lake Sunapee VNA*
- *Bring your questions about diet, medications, foot care and more*
- *Talk with others about their experiences*
- *Attend once or multiple times*
- *Family members and caregivers also welcome*

***RSVPs appreciated by calling 603-526-4077***

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LakeSunapeeVNA.org