



**MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1st</b></p> <p><b>WEEK</b> of the month</p>	<p><b>BLOOD PRESSURE CLINIC</b> COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm</p> <p><b>FOOT CLINIC</b> Meriden Congregational Church 12:00 – 4:00 pm</p>	<p><b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm</p>	<p><b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm</p>	<p><b>BLOOD PRESSURE CLINIC</b> Claremont Senior Center 10:30 am – 12:00 pm</p> <p><b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm</p>	<p><b>FOOT CLINIC</b> COA, New London 9:30 am – 1:00 pm</p>
<p><b>2nd</b></p> <p><b>WEEK</b> of the month</p>	<p><b>BLOOD PRESSURE CLINIC</b> Charlestown Senior Center 11:00 am – 1:00 pm</p> <p><b>FOOT CLINIC</b> Charlestown Senior Center 9:00 am – 4:00 pm</p>	<p><b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm (Apr-Dec) Sugar River Mills, Claremont 1:00 – 2:00 pm</p> <p><b>FOOT CLINIC</b> Sugar River Mills, Claremont 12:30 – 2:30 pm</p>	<p><b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm</p>	<p><b>BLOOD PRESSURE CLINIC</b> CSB Community Center, Claremont 10:30 am – 12:00 pm</p> <p><b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm</p>	<p><b>FOOT CLINIC</b> COA, New London 9:30 am – 1:00 pm</p>
<p><b>3rd</b></p> <p><b>WEEK</b> of the month</p>	<p><b>BLOOD PRESSURE CLINIC</b> Lebanon Senior Center 10:00 am – 12:00 pm</p> <p><b>FOOT CLINIC</b> North Ridge, Warner 9:30 – 11:30 am</p>	<p><b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm</p> <p><b>FOOT CLINIC</b> Marion Phillips Apts, Claremont 1:00 – 4:00 pm</p>	<p><b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm</p>	<p><b>BLOOD PRESSURE CLINIC</b> Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm</p> <p><b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm Lebanon Senior Center 10:00 am – 2:00 pm</p>	
<p><b>4th</b></p> <p><b>WEEK</b> of the month</p>	<p><b>FOOT CLINIC</b> Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm</p>	<p><b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm</p> <p><b>FOOT CLINIC</b> Lebanon Senior Center 10:00 am – 2:00 pm</p>	<p><b>BLOOD PRESSURE CLINIC</b> Warner Senior Center 10:30 am – 12:00 pm</p> <p><b>FOOT CLINIC</b> Newport Senior Center 8:30 am – 3:00 pm</p>	<p><b>BLOOD PRESSURE CLINIC</b> Plainfield-location varies 11:30 am – 1:30 pm</p> <p><b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm</p>	<p>These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: <a href="http://LakeSunapeeVNA.org">LakeSunapeeVNA.org</a></p>