



An Ounce of **Prevention**

Call and ask for
**An Ounce
of Prevention**
603-526-4077

*Our goal is
to keep you
independent
in the home
you love.*

107 Newport Road
PO Box 2209
New London, NH 03257

www.lakesunapeevna.org

***If you or someone you know have
questions about...***

- Falling/Fear of Falling
- Home Safety
- Memory
- Chronic Medical Issues
- Personal Care
- Health Education
- Nutrition
- Medications

***...we can provide a free visit to
begin a conversation about how
to keep you safe and independent
in your home.***

A licensed staff member will talk with you about your needs and concerns in the privacy of your own home and recommend community resources and services to help increase your safety and independence.

After the visit and with your permission, we will contact your doctor with any recommendations. We encourage you to speak to your doctor as well.