

A message from Jim Culhane, CEO: *YOUR GIFT MATTERS!*

In 2017 Lake Sunapee Region VNA & Hospice conducted its most recent **Community Health Needs Assessment** (CHNA) to identify current health issues and prioritize ways to help address them. The CHNA included a survey (500+ responses received!), in-depth conversations with area residents, and data from a wide variety of sources. **4** key themes emerged:

- **Access to Resources**
- **Affordability**
- **Aging With Confidence**
- **Personal Accountability**

We found these findings fascinating! Our respondents, more than in the past, voiced the need for a better integrated community infrastructure to enhance wellness and achieve overall quality of life especially as they age. When asked for one thing that could contribute to better health we heard many responses like:

“Integrate institutions even more and build trust.” “Have a community care coordinator to connect all the health care dots.” “More of a closeness, connections, a sense of real community.” “Educate and build relationships earlier, before needs arise.”

Lake Sunapee Region VNA & Hospice is listening. In addition to our core home care services of skilled medical care, private personal care and hospice, programs such as the following are increasingly part of our not-for-profit mission:

- **“Ounce of Prevention” Screenings**
- **“Ask The VNA” Presentations**
- **Expansion of Community Clinics**
- **Health Education Sessions**
- **Grants for Subsidized Care**

Because these programs are offered at little or no cost, charitable giving is essential. When you support the **Annual Fund** you help us respond to community need to better serve you and others. Because there is no gift more empowering than quality of life I thank you for your consideration. If you have already given this year I thank you for your kindness and generosity!

Gifts may be mailed to: **LSRVNA, PO Box 2209, New London, NH 03257**

... or made on-line at: lakesunapeevna.org/giving/donate

Call 603-526-4077 and ask for Cathy Raymond if you have any questions.



Lake Sunapee Region VNA & HOSPICE